



Happy



Heart



Walk

Brought to you by Wellness by Mason and Who's Walking Wednesday
Mason walks together! We hope you'll join us.

Who:

Faculty, Staff & Students

When:

Wednesday,
September 30th
12 Noon

Where:

All campuses



**No Registration
Required!**

Just come on by and
bring a friend!

Arlington

Founders Hall Plaza
with Lori Scher and
Rich Kelsey

Fairfax

Wellness Circle
(in front of Merten Hall)
with Beth Cabrera and
Brad Edwards

Science & Tech

Bull Run Hall Lobby
with Carrie McVicker
and Ron Carmichael